



WHAT CAN I DO TO STAND IN SOLIDARITY WITH THE HOSTAGES?

1. [Wear](#) a blue ribbon.
2. [Plan](#) an Empty Shabbat Table event.
3. [Save](#) an empty seat at your own Shabbat table.
4. [Call](#) your representatives and urge them to demand the release of hostages.

WHAT CAN I DO TO SUPPORT ISRAEL?

5. [Tell](#) your members of Congress that the majority of Americans remain pro-Israel.
6. [Send](#) a message of love and support to Israel.
7. Donate to a charity of your choice that is supporting the war effort, displaced families, survivors, etc.

WHAT CAN I DO TO COMBAT ANTISEMITISM?

8. [Report](#) on-campus antisemitic incidents to the Campus Antisemitism Legal Line.
9. [Contact](#) your alma mater and urge them to protect Jewish students.
10. [Support](#) Jewish employees in your workplace.